

Welcome to the first ever 2024 Love Taupō Trail Festival event!  
We're now only a few days out and we can't wait to get the festival underway!

Welcome to those who are visiting Taupō and thank you to the locals for supporting the festival showcasing the awesome trails we are proud to call home.

We are extremely privileged and grateful to have the support of BME as naming rights sponsor of the BME Fun Night Run and the BME Multi-lap Night Run, John West as naming rights sponsor of the John West craters Trail Run, Fiest Group as naming rights sponsor of the Movember Tales from the Trails Speaker Session and Supercars for sponsoring the Greening Taupō Tree Planting.

Please ensure you have a read of this pre-event information email as it contains important information that will ensure you have an enjoyable experience.

The Festival Hub is at Huka Falls Mountain Bike Car Park, 415 Huka Falls Road, Wairakei.  
Both of the BME BME Multi-lap Night Run/Walk start and finish from the Festival hub

### **EVENT REGISTRATION**

Friday 26<sup>th</sup> April 3.00pm – 6.00pm

Here you will collect your race number, timing transponder and some event goodies!

You're welcome to collect for other people; the registration team will just need the names of the people you're collecting for.

### **EVENT MERCHANDISE**

Check out the cool selection of official Love Taupō Trail Festival merchandise for sale within the registration marquee.

### **START TIMES**

5.00pm – BME Night Fun Run Warm Up

5.30pm – BME Night Fun Run/Walk start

6.30pm – BME Multi-lap Night Run/Walk start

### **EVENT BRIEFINGS**

Please attend your event briefing; these will contain important event specific information for you including any last minute messages you need to know.

Race Briefings will be held by the stage

5.20pm – BME Night Fun Run/Walk

6.15pm – BME Multi-lap Night Run/Walk

### **COURSE INFORMATION**

The BME Night Fun Run/Walk will head into the trails for a 2.5km lap coming back to the finish line, it is your choice to finish after one lap or head back out and do a second lap. The BME Night Fun Run/Walk is not a timed event.

For the BME Multi-lap Night Run/Walk you head onto the same 2.5km lap, when you arrive back to the festival hub you either continue back onto the trails to do the lap again or enter the relay zone and tag your team mate.

The winner and winning team of this event will be the one who runs the most laps in two hours.

You may head out for a final lap if you leave the turn point at the relay zone BEFORE the 8.30pm cut off. If more than one team/person are tied on the laps the winner will be the team/person who runs the final lap the fastest!

### **SIGNAGE**

Directional signage for this event is BLUE arrows. Please keep to the course at all times. There is a two-way section of approximately 400m

### **CUT OFF TIME**

The cut off time for the BME Multi-lap Night Run/Walk is 8.30pm

While we don't have an earlier cut off time for the BME Night Fun Run/Walk we ask for your awareness around the trails and make the call after finishing one lap whether to go back out for a second, due to the BME Multi-lap Night Run/Walk using the same 2.5km lap as the BME Night Fun Run/Walk

### **FINISHLINE**

When you have finished your final lap you get to run up the finish line to collect your medal. We will have a drinks station here.

Each participant can grab themselves a free cold Speight's (over 18s!) or a non alcoholic beverage (Thanks to Almighty) after you finish, head to the Festival Bar to grab one of these.

### **LIGHTS**

We highly recommend you bring a headlight or torch, it is dark and trails by nature are not a smooth surface!

We'd really love to light up the Craters forest so the more coloured lights the better! Think glow sticks and neon!!

### **GEAR DROP**

The event car park is very close to the Festival Hub however for those wishing to leave a bag, we will have a gear drop area within registration marquee for you to use. Please make sure it is labeled clearly with your race number.

### **CAR PARKING**

Big thanks to Simon Bothomley we have an event car park opposite the Festival Hub, please use the address 415 Huka Falls Road, Wairakei to find us. Please do not park along the road or directly outside of the Heli Adventure Tours or Kefi at the Hub café, these spaces are reserved for their customers.

### **AID STATIONS**

There will be an aid station at the relay team change over point containing water, R-Line, bananas, chips, and lollies

### **CUP FREE EVENT**

Total Sport take waste seriously and are working hard to reduce our environmental impact. We have removed disposable cups from all aid stations. Please remember your reusable cup, hydration pack or water bottle to fill up! We will have collapsible silicone cups available at registration for \$5 and a water trailer onsite.

### **FOOD AND DRINK**

We have a great line up of food vendors over the entire weekend plus a fully licensed bar hosted by the cool guys at the Beehave Meadery.

The Kefi at the Hub café is also open, serving delicious food and coffee and is directly opposite the Festival Hub.

Plenty to keep you all fuelled!

### **PRIZE GIVING**

Prize giving will be held for the BME Multi-lap Night Run/Walk at 8.40pm at the event base. There will be a trophy for first place male, female and team. These trophies have been hand made with love from the team in the Taupō office; we can't wait to present these! There will also be plenty of spot prizes up for grabs

Please note the Fun BME Multi-lap Night Run/Walk isn't a timed event so there will be no prize giving for that one, everyone who crosses the finish line gets a medal.

### **DJ FINISH LINE PARTY**

At 5.30pm DJ Alexi will take to the stage to start our BME Multi-lap Night Run party!

### **MASSAGE**

Leslie from the Massage Clinic, Taupō will have her massage area set up within the wellness zone

We have a few other things happening at the Festival Hub that we'd love you to be part of

We are fortunate to have a lot of talent in Taupō, taking to the stage at 11.30am – 1.30pm on Sunday is Sonorous fresh from opening up this year's Summer Concert! These young guys are awesome so if you're not out on the trails be sure to be around for this, tell your friends and family!

[www.sonorousmusic199.com](http://www.sonorousmusic199.com)

Kids Nature Zone - with a focus on nature and the outdoors, bring the kids to get crafty with Sarah from Stepping Stones making things like bubble wands and painting rocks.

Child Care Available – if you know someone keen to participate in the John West Craters Trail Run or the Craters Mountain Bike event but is unable to due to lack of childcare send them this way! Bookings are essential. Email [sarah@mysteppingstones.nz](mailto:sarah@mysteppingstones.nz)

Wellness Zone – The amazing team at Studio.Two Pilates are hosting the wellness zone. They have several classes running each day of the festival open to all. Visit our website for class times

Retail Zone – we have a spectacular retail zone for you with the below on Sunday plus official Love Taupō Trail Festival merchandise  
Salming, Raw & More, Bodyflow Compression, Fasthouse NZ Clothing, BeWell ice bath, Zeenya Clothing and That's It

Colouring in wall – come and help us colour in a giant festival mural, drawn by the super talented Dawn Tuffery.

### **SUPERCARS TREE PLANTING**

Straight after prize giving on Sunday (2.00pm) we will be taking a short walk down the road for a mass tree planting! Throughout the Love Taupō Trail Festival we are celebrating the magic of being outdoors in nature. We have created a 'trees as the currency' at the festival - for every pair of shoes and wheel that cross a finish line in any of the events on offer, we will donate a tree to our charity partners, the absolute legends at Greening Taupō and Kids Greening Taupō. Our sincere thanks go to Supercars, who are sponsoring this awesome finale event!

The holes are ready in the ground so please join us and help plant 1,500 trees!

What a way to finish a great weekend!

We look forward to seeing you at the weekend

Aaron, Laura, Bevan, G and the rest of the Total Sport Team